

# Town of Nantucket

## Council on Human Services

2004 Survey of Residents

**FINDINGS**



# Overview



- **The Survey:**

- Mailed with January 2004 Town Census
- 3,600+ Questionnaires Distributed
- 1,300 Completed: 36% Response!

# Demographic Profile

(of Respondent Households)

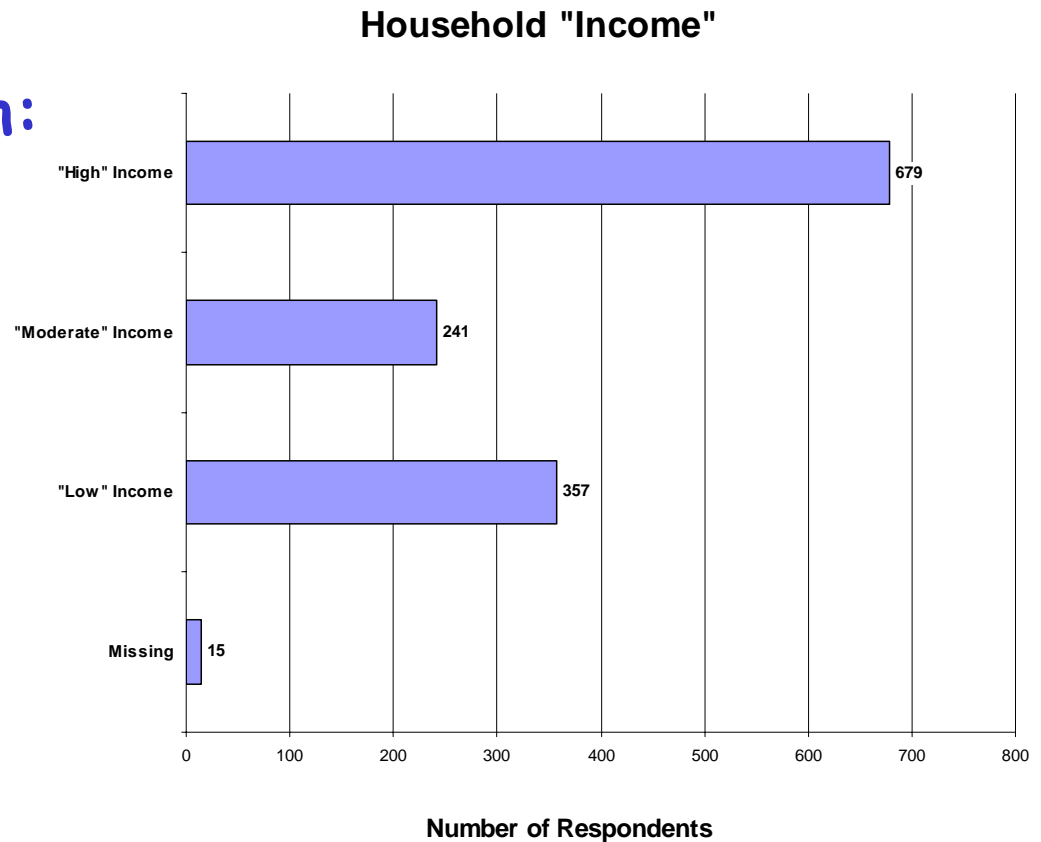
## Five (5) Demographic Segments Identified:

- "Elderly" (age 66+)
- Non-"Elderly" (age 18-65)
- "Low" Income (reported major Money problems)
- "Moderate" Income (reported minor Money problems)
- "High" Income (No Money issues reported)

# Respondent Households

## INCOME Distribution:

- 357 "Low" Income
- 241 "Moderate" Income
- 679 "High" Income

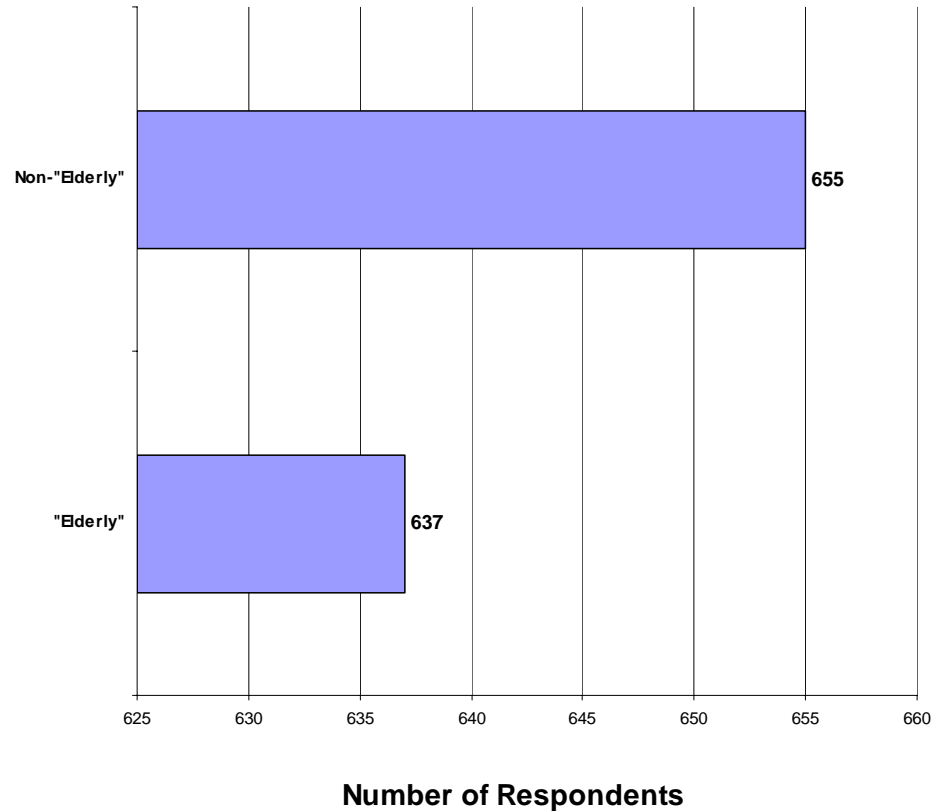


# Survey Respondents

Respondent's Age Range

## AGE Distribution:

- 637 "Elderly" (age 66+)
- 655 Non-"Elderly" (18-65)



# Money Issues



- **MOST Problematic:**

- "Not being able to find or afford dental care"
- "Not being able to pay for or get medical insurance"
- "Not having enough money for housing"
- "Not having enough money to pay the doctor"
- "Not being able to pay for prescription/medications"

## Analysis:

- "Low" Income households impacted the most, BUT some "Moderate" Income households also.
- Other Issues: Paying utility bills, affording legal help.

# Housing Issues

- **MOST Problematic:**

- "Not able to find affordable year-round housing"
- "Not able to repair/rehabilitate present housing"

## Analysis:

- "Low" Income, Moderate Income, and Non-"Elderly" households impacted the most.
- 'Elderly' impacted most by ability to "repair/rehabilitate" their present housing.
- Another Issue: Overcrowding in "Low" Income households.



# Health Issues



- **MOST Problematic:**

- "Adult substance abuse (alcohol, drugs, etc.)"

## Analysis:

- Similar Responses from across ALL Income and Age categories.
- "Low" Income households most impacted SUBSTANCE ABUSE issues.

# Crime Issues

- **MOST Problematic:**

- "Adult/Teenage/Juvenile crime"

## Analysis:

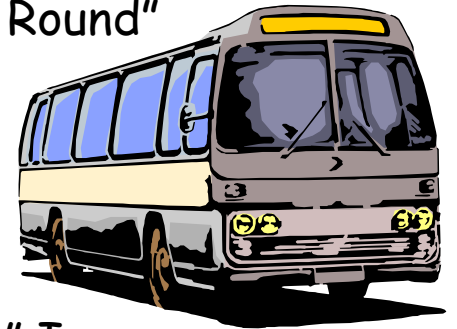
- Similar Responses from across ALL Income and Age categories.
- "Elderly" and "Low" Income households most impacted by CRIME issues.



# Transportation Issues

- **MOST Problematic:**

- "Inadequate transportation: Seasonal/Year Round"
- "Inadequate transportation: On-Island"



## Analysis:

- "Elderly" , "Low" Income , and Moderate" Income households most impacted by On-ISLAND transportation issues.
- Non-"Elderly" and "High" Income household report FEWER transportation issues.

# "Elderly" Issues



- **MOST Problematic:**

- "Learning how to live comfortably on a fixed income"
- "Having endurance, balance and strength training"
- "Finding transportation to programs if I can't drive"

## Analysis:

- "Low" Income, Moderate" Income, and Ages 66-75  
"Elderly" most impacted by FIXED INCOME challenges.
- All above issues 3 TIMES more problematic for "Low" Income "Elderly."

# Top Issues for the Non-"Elderly"

## • Money Issues:

- "Not being able to find or afford dental care"
- "Not being able to pay for or get medical insurance"
- "Not having enough money for housing"



## Housing Issues:

- "Not being able to find affordable year-round housing"

## Health Issues:

- "Adult substance abuse (alcohol, drugs, etc.)"

## Transportation Issues:

- "Inadequate transportation: Seasonal/Year Round"
- "Inadequate transportation: On-Island"



# Re-Cap of Key Non-"Elderly" Issues

- **Money Issues:**

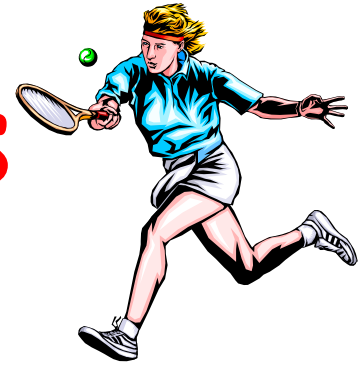
- Virtually all of above issues TWO TIMES as problematic for "Low" Income Non-"Elderly "

- **Transportation Issues: An Exception!**

- Uniformly problematic for all Income ranges—including "High" Income households



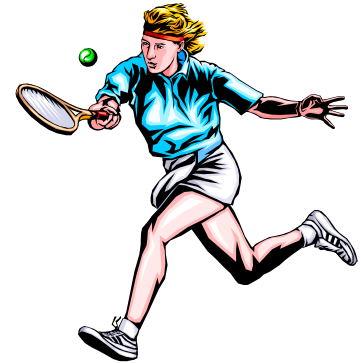
# Nutrition Findings



- **Daily Fruits & Veggies:**

- Range of Answers: 0 - 5 or more  $\frac{1}{2}$ - cup servings per day
- Average Answer: 1-3  $\frac{1}{2}$ -cup servings daily (least among "Low"-to-"Moderate" Income Respondents)

# Exercise Findings



## Routine Physical Exercise:

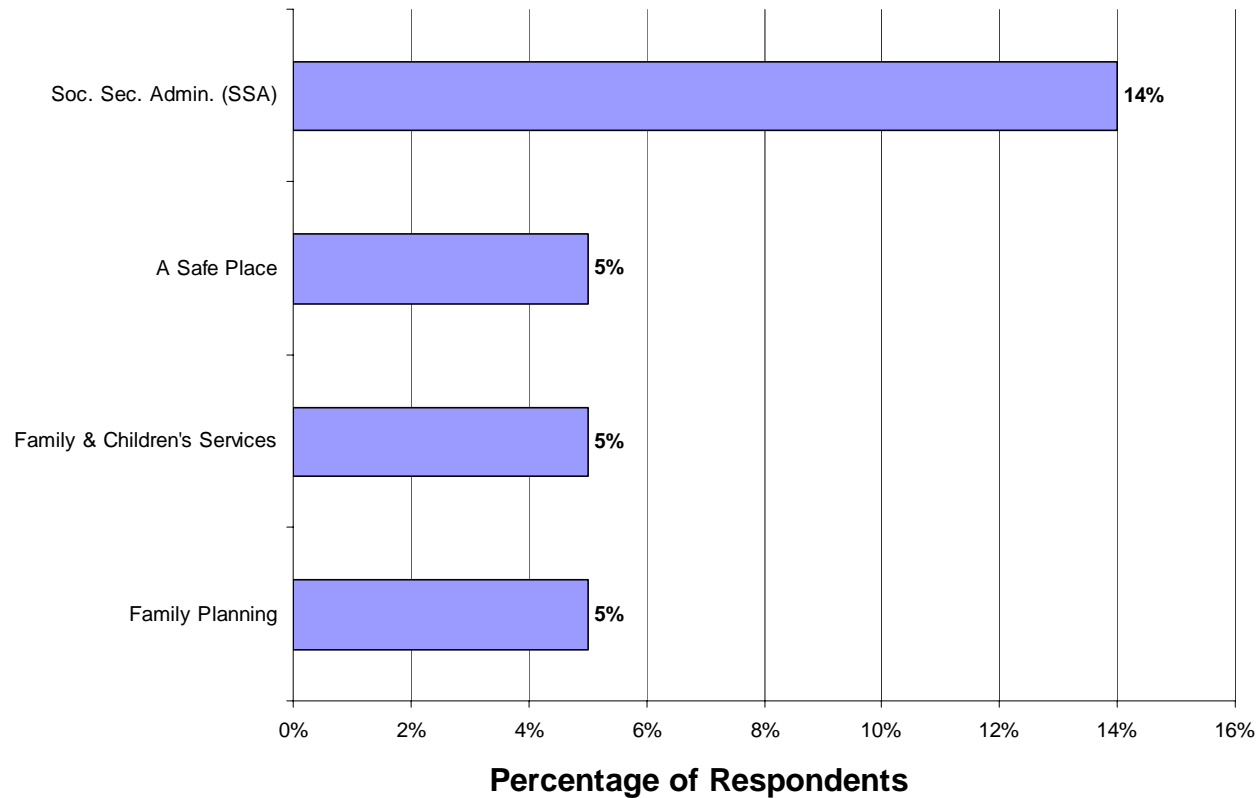
- Range of Answers: 0 - 5 or more days per week
- Average Amt: 5 or more days/week (least among "Moderate" Income Respondents)

## • Barriers to Health Eating & Exercise:

- Motivation, and
- Time.

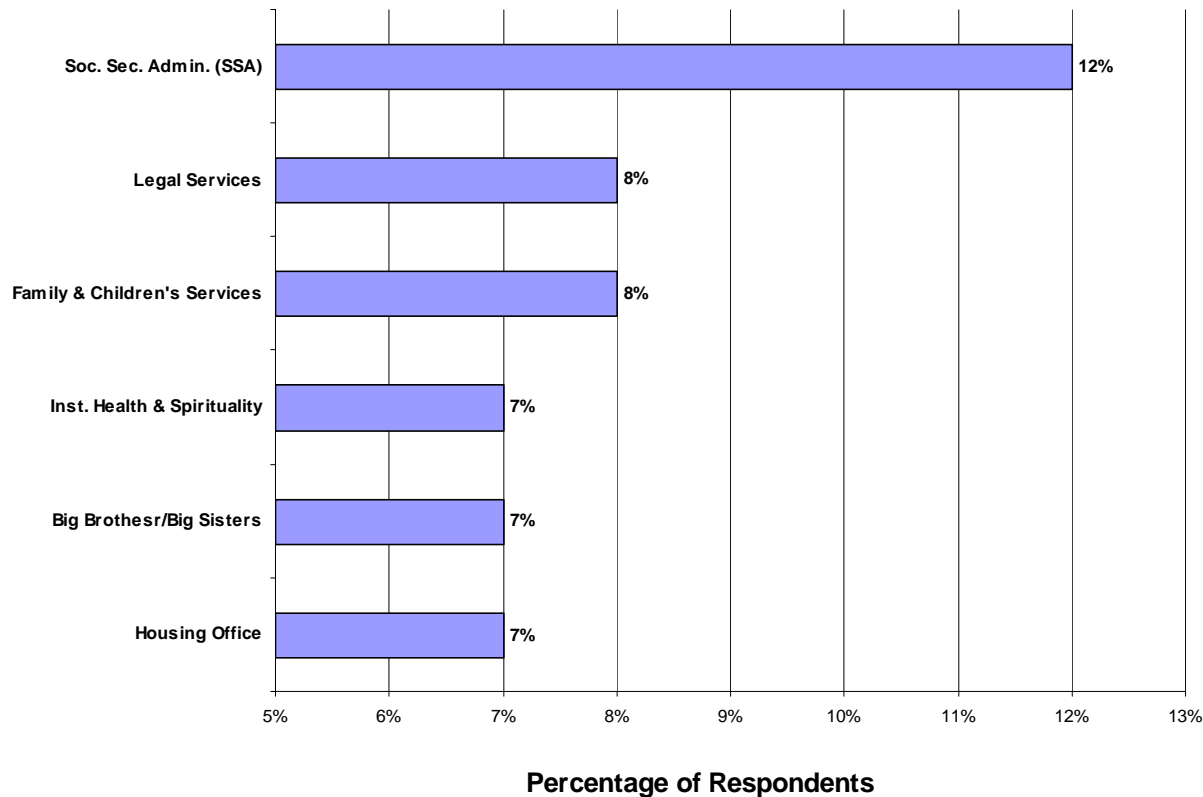
# Key Community Organizations (Presently)

Presently Have Contact

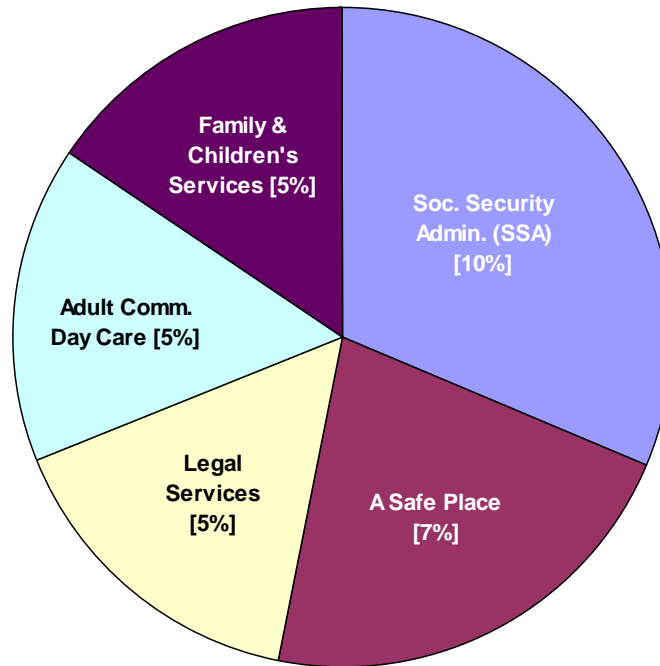


# Key Community Organizations (Future)

## Contact Within Next 5-Years



# Three Most Important Organizations



Percentage of Respondents

Questions? Comments?  
Ideas? Suggestions?



# Next Steps

Nantucket Working Together As a Community

